

JULY AUGUST

Subject to Change! Shaded Grey will be added later if classes fill up **AUSTIN AVE COQUITLAM FACILITY**

KEY: *Preschool* *Cheer* *Gym* *Parkour* *Other* ☆ = has prerequisites

	SUN	MON	TUE	WED	THU	FRI	SAT
A U S T I N	Parent Tot Ninja Kids Ages 2-3 10:00-10:40 am	Summer Camps 9:00am-330pm					ParentTot All in One Ages 2-3 10:00-10:40 am
	Ninja Kids U6 Ages 4-6 10:50-11:40 am	Rec Cheer TINY U6 Ages 3½ -5 4:45-5:30 pm	\$5 Open Gym (Bring a friend!!) 3:30-4:40 pm			\$5 Open Gym (Bring a friend!!) 3:30-4:40 pm	Rec Cheer TINY Ages 3½ -5 10:50-11:40 am
	PKL1-Ninja Kids U9 Ages 6-9 11:50-12:50 pm	Rec Cheer MINI U8 Ages 5-8 5:35-6:35 pm	PKL1-Ninja Kids U9 Ages 6-9 4:50-5:50 pm	Gym & Tumble U6 Ages 4-6 4:10-5:00 pm		PARTY 5:00-6:45pm \$159 Parties	Rec Cheer MINI Ages 6-8 11:50-12:50 pm
	PKL1-Ninja Kids U12 Ages 9-12 1:00-2:00 pm	Rec Cheer YOUTH U12 Ages 8-12 6:40-7:40 pm	PKL1-Ninja Kids U12 Ages 9-12 6:00-7:00 pm	Gym & Tumble U9 Ages 6-9 5:10-6:10 pm			Rec Cheer YOUTH Ages 9-12 1:00-2:00 pm
	Parkour Level 2 ☆ 2:10-3:10 pm		Parkour Level 2 ☆ 7:10-8:10 pm	Gym & Tumble 10+ Ages 10+ 6:20-7:20 pm			ALL IN ONE PARTIES 2:30-4:15pm \$159 Parties
				Gym & Tumble 2/3 ☆ 7:30-8:30 pm			

☆ = has prerequisites

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KEY: *Preschool* *Parkour* *Other* ☆ = has prerequisites

	SUN	MON	TUE	WED	THU	FRI	SAT	
P A R K O U R G Y M	Parent Tot Ninja Kids Ages 2-3 10:00-10:40 am	Summer Camps 9:00am-330pm						Parent Tot Ninja Kids Ages 2-3 10:00-10:40 am
		Open Gym 3:30-5:00pm						
	Ninja Kids Ages 4-6 10:50-11:40 am	Parent Tot Ninja Kids Ages 2-3 4:00-4:40 pm		Ninja Kids Ages 4-6 4:00-4:40 pm				Ninja Kids Ages 4-6 10:50-11:40 am
	Ninja Kids U9 Ages 5-9 11:50-12:50 pm	Parkour L1 Ages 7-9 Ages10+ 4:50-5:50 pm		Parkour L2 4:50-5:50 pm		Parkour L1 Ages 7-9 Ages10+ 4:50-5:50 pm		Ninja Kids U9 Ages 5-9 11:50-12:50 pm
	1:00-2:30 Family Open Gym Ages 3 +	Parkour L2 6:00-7:00 pm		Parkour L1 Ages 7-9 Ages10+ 6:00-7:00 pm		Parkour L2 6:00-7:00 pm		1:00-2:30 **NEW** Family Open Gym Ages 3 +
		Parkour Level 3/4 7:10-8:25 pm		Parkour Level 3/4 7:10-8:25 pm		Parkour Level 3/4 7:10-8:10 pm		
				Parkour Teen/Adult 15+ 8:00-9:00 pm		Open Gym 6:00-8:00pm		
			Open Gym 8:00-9:00pm					

JULY AUGUST Subject to Change! Shaded Grey will be added later if classes fill up **EDMONDS BURNABY - CHEER & GYMNASTICS FACILITY**

KEY: *Preschool* *Cheer* *Gym* *Other* ☆ = has prerequisites

	SUN	MON	TUE	WED	THU	FRI	SAT	
CHEER & GYMNASTICS	<i>Parent Tot Gym</i> Walking to 3 9:00-9:40 am	<i>Rec Cheer TINY</i> Ages 3½ -5 1:10-1:55 pm	Summer Camps 9:00am-330pm Open Gym 3:30-5:00pm					<i>Gym & Tumble U6</i> Ages 4-6 10:00-10:50 am
	<i>Gym & Tumble U6</i> Ages 4-6 9:50-10:40 am	<i>Rec Cheer MINI</i> Ages 6-8 2:05-3:05 pm	<i>Gym & Tumble U9</i> Ages 6-9 4:30-5:30 pm	<i>Parent Tot Gym</i> Walking to 3 4:10-4:50 pm	<i>Rec Cheer TINY</i> Ages 3½ -5 4:20-5:05 pm	<i>Fab Flyers</i> ☆ 5:00-5:40 pm	<i>Stunt Privates</i>	<i>Gym & Tumble U9</i> Ages 6-9 11:00-12:00 pm
	<i>Gym & Tumble U9</i> Ages 6-9 10:50-11:50 am	<i>Rec Cheer YOUTH</i> Ages 9-12 3:15-4:15 pm	<i>Gym & Tumble U10</i> Ages 8-10 5:40-6:40 pm	<i>Tumble Jump</i> ☆ Level 1 5:00-5:55 pm	<i>Rec Cheer MINI</i> Ages 6-8 5:15-6:15 pm	<i>Tumble Jump</i> ☆ <i>Everyone</i> 5:45-6:30 pm	<i>Tumbling Privates</i>	<i>Gym & Tumble 10+</i> 12:40-1:40 pm
	<i>Gym & Tumble 10+</i> 12:00-1:00 pm	<i>Fab Flyers</i> ☆ 4:25-5:05 pm	<i>Gym & Tumble 2/3</i> 6:50-7:50 pm ☆	<i>Tumble Jump</i> ☆ Level 1 Adv 6:00-6:55 pm	<i>Rec Cheer YOUTH</i> Ages 9-12 6:25-7:25 pm	<i>Stunt Stars</i> ☆ 6:35-7:20 pm		<i>Gym & Tumble 2</i> ☆ 1:50-2:50 pm
		<i>Stunt Stars</i> ☆ 5:10-5:50 pm		<i>Tumble Jump</i> ☆ Level 2 Beg 7:00-7:55 pm	<i>Tumble Jump OPEN</i> ☆ <i>Junior & Open Ages</i> 7:30-8:30 pm	<i>CHEER-ditioning</i> ☆ 7:25-8:10 pm		<i>Gym & Tumble 3</i> ☆ 3:00-4:00 pm
		<i>Tumble Jump Everyone</i> ☆ 5:55-6:35 pm	<i>Multipass Cheer Classes:</i> <i>Cheer Athletes are welcome to use the small warm up gym for light warm up/ stretch/cool down</i>				<i>Open Gym</i> 3:30-5:00pm	
		<i>CHEER-ditioning</i> 6:40-7:20 pm						
		<i>Open Team Practice</i> ☆ 7:30-9:00 pm						